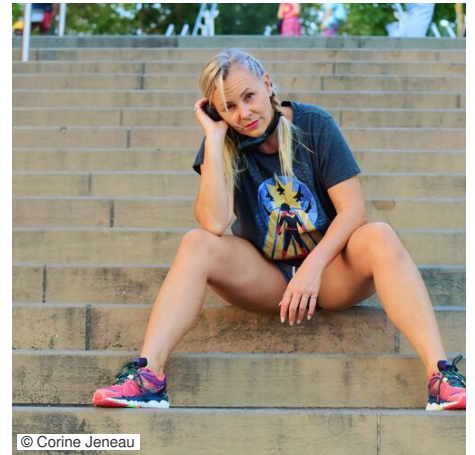


Barbara Duchow

<http://www.barbaraduchow.com> 



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Information

Acting age	39 - 53 years	Nationality	German
Year of birth	1966 (54 years)	Languages	German: native-language English: fluent French: medium
Height (cm)	170	Dialects	English: only when required
Weight (in kg)	60	Sport	Alpine skiing, Boxing, Horse riding, Inline skating, Sailing, Yoga
Eye color	brown	Dance	Hip hop: basic Standard: basic Jazz Dance: basic Modern Dance: basic Latin American dances: basic
Hair color	Blond	Profession	Actor, Facilitator, Singer, Speaker
Hair length	Long	Singing	Rock/Pop: professional Heavy metal: medium
Stature	athletic / training	Pitch	Mezzo-soprano
Place of residence	Hamburg		
Cities I could work in	Berlin, Hamburg, Athen, London, New York City, Paris, Toulouse		

Primary professional training

1995 Stage School Hamburg

Other Education & Training

2020 **Official member of Yoga Alliance™ as a Registered Yoga Teacher (RYT™).**
ID: 321802

2019 **BeatCamp Real World Studios Artist Residency | Wiltshire, UK**

Immersive masterclasses and professional session between musicians and singers co-working and recording tracks in the Peter Gabriel's Real World Studios

2016 **Bral School of Acting, by Grzegorz Bral, London, UK**

Coordination Body Technique

2012 –... **Institut for Systemic / Program by Uta Karschnick | Hamburg, Germany**

Systemische Therapie

2012 **Voice-training for Rock / Metal Music, Hamburg, GE**

Catharina Boutari (Coach)

- 2011 **Synapsing by Nila Aalia, London, England**
Teacher Training
- 2004 –... **Studio ASANA, Athens, GR**
Power Yoga, professional training
- 2002 –... **Swaha Yoga Studio, Athens, Greece**
Aerial Yoga Teacher, Training and Therapy
- 2002 **Masterclass mit Rolf Liccini, Coaching Company Berlin, Germany**
Camera Acting
- 1992 –... **SYNAPSE C.C by Nila Aalia, London, UK**
Acting, intensive study program with Nila Aalia (Coach), SYNAPSE (by Nila Aalia) C.C, London, England
- 1995 –... **Arts College E.D.D.C, Arnhem, NL**
Performing Arts
- 1992 –... **Stage School Hamburg, Germany**
Dance and Drama
- 1986 –... **Akademie JAK, Hamburg, GE**
Dipl. Mode Design

Film

- 2020 **Der Schlüsselhalter / The Key Rack (Short Film)**
Role: Frau / Wife (LR) **Director:** Hannah Fee Kreuzer **Distribution:** Independent
- 2019 **Space. Part: 2**
Role: Woman (LR) **Director:** Rubén Muñoz **Distribution:** YouTube
- 2011 **Gnade**
Role: Nachbarin (NR) (SR) **Director:** Matthias Glasner **Producer:** Schwarzweiss Filmproduktion GmbH [de]
- 2010 **Clara**
Role: Clara (Qualities of Light) (LR) **Director:** Martin Sambauer **Producer:** Martin Sambauer
Distribution: Independent
- 2005 **eF.Teh.aiR**
Role: Feraal (SR) **Director:** Velvet Bianca Jobst **Producer:** Strangepool-Berlin
- 2001 **Küss mich, Tiger!**
Role: Frau mit Hund (OR) **Director:** Jan Ruzicka **Producer:** ARD **Distribution:** ARD, Germany
- 2000 **Die Männer vom K3**
Role: Police woman (OR) **Director:** Jan Ruzicka **Producer:** NDR **Distribution:** NDR, Germany

Television

- 2016 –... **Main dunkle Geheimnis. Season 3, Episode 61: Letzte Chance**
Role: Ella (Mother) (LR) **Director:** Christian Blome **Producer:** Schwarzkopf TV **TV Channel:** 3sat Germany
- 2016 **Main dunkle Geheimnis. Season 1, Episode 205: in schlechter Gesellschaft**
Role: Isabelle (LR) **Director:** Christian Blome **Producer:** Schwarzkopf TV **TV Channel:** 3sat Germany
- 2007 **Die Rettungsflieger**
Role: Dr. Mertens (SR) **Director:** Donald Kraemer **Producer:** Studio Hamburg FilmProduktion GmbH [de] **TV Channel:** ZDF [de]
- 2000 **Vera Brühne**
Role: Nachbarin (NR) (SR) **Director:** Hark Bohm **Producer:** Constantin Film [de] **TV Channel:** SAT.1 [de]
- 2000 **Küss mich, Tiger**
Role: Frau im Auto (SR) **Director:** Jan Ruzicka **Producer:** Studio Hamburg FilmProduktion GmbH [de]

Theatre

- 2019 **Prometheus**
Role: the soul of Prometheus (OR) **Director:** Hannah Kreuzer **Theatre:** TIK Theater, Berlin
- 2009 –... **Die Elfen**
Role: Elfe (LR) **Theatre:** Die Elfenagentur, Hamburg
- 2007 **Performances by Butch Morris**
Role: Performer (OR) **Theatre:** Living Theater und Laundryspaces, NY, USA
- 2006 **ID-Club**
Role: Copilot (OR) **Director:** Martin Sanbauer **Theatre:** Independent, Hamburg
- 2006 **Wiederaufnahme Phoenix Fabrik**
Director: Daniel A. Jones **Theatre:** Independent, NY and Minneapolis, USA
- 2004 **Futballprojekt**
Role: Andre Heller **Director:** Telat Yurtsever **Theatre:** Independent, Hamburg
- 2001 **Guten Abend, schöne unbekannte**
Role: die unbekannte Kabarett **Director:** E.Möbius Theaterschiff **Theatre:** E.Möbius Theaterschiff, Hamburg
- 2000 **Don Juans 2**
Role: die 3. Frau (OR) **Director:** St.Pauli-Theatre **Theatre:** St.Pauli-Theatre, Hamburg
- 1999 **Enterprise, Theaterimprovisation**
Role: Other roles **Director:** S3 AG **Theatre:** S3 AG, Hamburg
- 1999 **Yesterday**
Role: Other roles **Director:** Star Theater **Theatre:** Star Theater, Musical, Hamburg
- 1999 **Greetings from Paradise**
Role: Other roles **Director:** Junge-Hunde-Tanztheater **Theatre:** Kampnagel, Hamburg
- 1996 –... **Dream Landscapes**
Role: Other roles **Director:** Alia Hawa **Theatre:** Kampnagel, Hamburg

Audio

- 2020 **Nacht - Lunattack**
Role: Voice, Singer (LR) **Producer:** SIJO and Niklas Lüders **Audio:** Independent
- 2019 **Dream in Black and White**
Role: Voice, Singer (LR) **Audio:** Beatcamp #003, Album, various artists, Real World Records, UK
Original Song, Songwriter and Composer with Graham George
- 2019 **Escape by Elephant Memories feat. Lunattack**
Role: Voice, Singer (LR) **Director:** Elephant Memories **Audio:** Studio Le Cerisier, Toulouse, France
- 2017 **Pont Neuf, LP, Lunattack**
Role: Voice, Singer (LR) **Director:** Barbara Duchow **Producer:** Barbara Duchow **Audio:** Pussy
Empire Recordings
- 2006 **Speaker: China Fashion Time, Hamburg**
Role: Other roles **Producer:** China Fashion Time
- 2005 **Academie JAK Year Mode Event**
Producer: Academie JAK, Hamburg

Other

- 2020 **Nacht - Lunattack**
Role: Voice, Singer, Schauspielerin (LR) **Director:** Arnaldo González **Music production by** SIJO and
Niklas Lüders. **Songwriter:** Niklas Lüders
- 2015 –... **Mindfulness in Performance, Ibiza**
Role: Coach (LR) **Director:** Barbara Duchow **Producer:** Barbara Duchow Productions
- 2018 –... **Lunattack and Elephant Memories, Rock Band**
Role: Voice, Singer (LR) **Vocals and Live Music Performance**
- 2019

L`Eternité

Role: Performer, Voice **Director:** Océane Snow and Arnaldo González L`Eternité” - Water Mix - by Lunattack and Dan Easley (A poem of Arthur Rimbaud)

2015 Lunattack, Music and Performing Arts

Role: Voice, Singer (LR) **Director:** Barbara Duchow Vocals and Live Music Performance

2009 Sissirossi Temporary Store, Opening-Performance.

Role: The Praying Mantis (LR) **Director:** Martin Sambauer **Distribution:** Lucas Carrieri Art Gallery, Berlin Swen Kählert (Art-Direction)

1998 –... Star-Club – die Story

Producer: Delphi-Theatre, Hamburg

Internet**2020 Lockdown Coversong "One by U2" (2020)**

Role: Voice, Singer (LR) **Director:** Helden - Cover Band of Toulouse Performing with "Helden" the cover band of Toulouse, France

2016 Soundscout: Barbara Duchow talks about “Lunattack from Hamburg and Toulouse

Interview, Original in German language by Martin Risel. © Deutschlandradio

Commercial**2006 Breitling SA - ID-Club 2006**

Role: Ms. Operater (SR) **Director:** Martin Sambauer **Producer:** alleswirdgut - agency for Creative Direction [de]

